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NAME

DATE

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ENGLISH ACTIVITY

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Nº

2ª EM

TEACHER

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SCORE

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Internet Addiction – A Growing Problem

The New York Times has reported on a problem that many of us have but are not aware of – Internet addiction. According to reporter TaraParker-Pope, millions of us are addicted to being online. She says this is a growing problem that is making us more forgetful and impatient. Ms ParkerPope writes about various reports highlighting how technology is changing people. In one, she quotes cyber-psychologist Dr. Elias Aboujaode who says: “More and more, life is resembling the chat room.” He said we are living in “virtual lifestyles” which is negatively affecting our real-life relationships. Nicki Dowling, a clinical psychologist from Melbourne University in Australia, concluded in a recent study that ten per cent of young people had what she called “Internet dependence”.

Tara Parker-Pope quizzed experts in this field on what the signs are of being overly absorbed in technology. She came up with seven indicators of “tech overload”. The first is whether you check your e-mail before doing other things. Another significant sign is if you always anticipate and look forward to your next online visit – a sure sign of dependence and addiction. The third point is if you say, “just a few more minutes” when someone wants you. Parker Pope found your interaction with others also says a lot about how important the Internet is compared with family and friends; do you lie about how much time you spend online or choose to surf the Net instead of going out with others? Other giveaways include the “online lift” that stops you being unhappy, and when others complain about you always being online.



- 1) ADDICTION is a dependence on a substance (for example, smoking, drinking, drug) or a dependence on a behaviour (for example, shopping, eating, gambling) = _____

Translate the title of the text.

- 2) Match the columns.

- | | | |
|-----------------|---------|-------------------|
| 1. chat | 1 _____ | a) relacionamento |
| 2. lifestyle | 2 _____ | b) sinal |
| 3. relationship | 3 _____ | c) bate papo |
| 4. field | 4 _____ | d) se |
| 5. sign | 5 _____ | e) certo, seguro |
| 6. whether | 6 _____ | f) estilo de vida |
| 7. sure | 7 _____ | g) em vez de |
| 8. instead of | 8 _____ | h) campo |

- 3) Complete the following sentences with verbs from the chart:

to report – to quote – to affect – to check – to choose – to surf – to complain

- All the books looked so interesting; I didn't know which one _____.
- The divorce _____ every aspect of her life.
- Women workers _____ that they don't get equal treatment.

4. I'll _____ if the dinner is ready.
5. Dozens of incidents of drug abuse are _____ daily in the region.
6. He spends more than three hours a day _____ the Internet.
7. He continued his speech, frequently _____ from the Bible.

4) TO LIE

- a) to lie, lied, lied (in the text) = to say things that you know are not true = _____
He lied about his qualifications to get the job.
- b) to lie, lay, lain = to be in, or get into a horizontal position = _____
Go and lie on the sofa for a while.

5) Translate the underlined words in the following sentences

1. My grandmother is 90 years old.
She has become very forgetful recently.
 - forgetful = _____
2. I am not overly worried about the situation.
 - overly = _____
3. An overload of stress can affect your health.
 - overload = _____
4. Something you say or do is a giveaway when it reveals to others something else that you intended to keep secret.
 - giveaway = _____

6) EXPERT

EXPERT is a "false friend".

How would you translate the following sentence?

He is an expert on Greek art.

7) Combine the following verbs with their meanings below:

1. to be aware of ()
 2. to resemble ()
 3. to highlight ()
 4. to quiz ()
 5. to come up with ()
 6. to look forward to ()
-
- a) to question, to interrogate
 - b) to think about or wait for a future event with pleasure
 - c) to be similar to, to be like
 - d) to suggest
 - e) to be conscious of
 - f) to emphasize

Now, complete the sentences with the verbs studied in the previous page.

1. That's what we'll do, unless anyone _____ a better suggestion.
2. She _____ that she had exceeded the speed limit.
3. He had worked hard and _____ his retirement.
4. She _____ her mother very much.
5. Could you read the passage for me and _____ the important points?
6. She spent an hour being _____ by journalists.

8) **LIFT**

Translate the different meanings of lift in the following sentences.

1. He has a car and often gives me a lift home.
 - lift = _____
2. They took the lift to the fourth floor.
 - lift = _____
3. My selection for the team has given me a tremendous lift.
 - lift = _____

9) ~~Write the Simple Past and Past Participle of~~ (QUESTÃO ANULADA)

Infinitive	Simple Past	Past Participle
_____	_____	_____
_____	_____	_____
_____	_____	_____

10) **Synonym Match:** Match the following synonyms from the article.

- | | | |
|----------------|----------|------------------|
| 1. addiction | 1 _____ | a) different |
| 2. forgetful | 2 _____ | b) expect |
| 3. various | 3 _____ | c) impacting |
| 4. resembling | 4 _____ | d) immersed |
| 5. affecting | 5 _____ | e) obsession |
| 6. quizzed | 6 _____ | f) communication |
| 7. absorbed | 7 _____ | g) looking like |
| 8. anticipate | 8 _____ | h) absent-minded |
| 9. interaction | 9 _____ | i) moan |
| 10. complain | 10 _____ | j) questioned |

TEXT COMPREHENSION

11) True (T) ou False (F)?

- | | |
|--|-------|
| a) Most people know about the problem of being addicted to the Internet. | T / F |
| b) A reported said there are thousands of online addicts. | T / F |
| c) A cyber-psychologist said life is getting to become like a chat room. | T / F |
| d) A researcher found 10% of youngsters are addicted to the Web. | T / F |
| e) The reporter found seven giveaway signs of Internet addiction. | T / F |
| f) One sign is asking for an extra few hours online. | T / F |
| g) Lying about how much time you spend online suggests you're addicted. | T / F |
| h) Another sign is when you feel the need to lift up your laptop. | T / F |

Answer in Portuguese.

12) O que afirma o Dr. Elias Aboujaode?

13) Cite três indícios, mencionados no texto, de que uma pessoa é viciada em Internet.

OBSERVAÇÕES



BOA SORTE!